

# PRESENTATION HIGHLIGHTS

CANOECOPIA IS jam-packed with things to do and see! Use this 4-page pull-out section to keep track of speakers and events happening throughout the weekend. Find last-minute changes (and there are likely to be a few) at [canoecopia.com](http://canoecopia.com)

## Aluminum Chef Competition

Our crowd-pleasing cook-off returns  
Saturday, 4:30 pm in the Quetico Room

ONCE again, our three Aluminum Chefs will test their camp culinary skills against each other in true outdoor style. Kevin Callan returns as our unstoppable MC in this fast-paced event. Woods-woman Mona Gauthier and former park ranger Marty Koch go up against local chef Luke Zahm of the Driftless Cafe in Viroqua, WI. Using MSR stoves and cook kits, and a pantry of simple ingredients you might have on your next camping trip (donated by the Driftless Cafe), our chefs will compete for the best appetizer, entree, and dessert.



Come join the fun - you could be one of the judges from the audience who will determine the winner of each course!



## Drop-In Clinics

Saturday, 1-4 pm, Atrium

FOR three hours on Saturday afternoon, we invite you to drop by the Atrium for some show and share. Join our speakers for informal conversations and demonstrations as you learn to build a wooden paddle (Bach), tie a few knots (Shapiro & Gasper), learn about sea kayak navigation (Lockyer), and explore tools and tricks of the arctic seal hunters (DuFresne & DeBoer).

## Special Topics

Sharing topics that we think you'll find inspiring

### A Different Kind of Vision: Kayaking the Grand Canyon:

Team River Runner organized an incredible mission wherein five blind veterans solo kayaked the Grand Canyon. Hear U.S. Army Specialist Steve Baskis, who lost his sight from an improvised explosive device during military operations in Baghdad, and his kayaking guide Ken Braband (also co-coordinator of the Green Bay chapter of Team River Runner) talk about this amazing journey.

**Conflicts Over Canoe Country:** The U.S. Bureau of Land Management announced it will renew Chilean mining leases which could allow dangerous sulfide-ore copper mining on public lands next to the BWCAW. The Campaign to Save the Boundary Waters is leading the effort to ensure protection for the Boundary Waters, America's most visited Wilderness, from proposed mining. Hear Levi Lexvold and Courtney Otto, both Regional Organizers for the campaign, talk about the issue and what you can do to help.

**The Future of US Olympic & Paralympic Paddlesports:** The American Canoe Association, the nation's oldest paddlesports organization, is now the governing body for the United States Olympic & Paralympic canoe and kayak teams for Slalom, Sprint, and Paracanoe. Hear how the ACA is committed to steering the future of paddlesport competition at all levels and meet top athletes training for the 2020 Tokyo Olympics. Paddlesports competition is a healthy alternative to contact sports for kids, so be inspired and get connected!

**Maintaining Our Recreational Heritage:** Climate change is both a global and local issue, with very direct impacts for those who love to get outside. Join Will Steger and Scott Hackel as they share their perspectives on the changes they've witnessed and learn what you can do to help. Will is a formidable voice calling for understanding and the preservation of the Arctic and the Earth, best known for his legendary polar explorations. Scott is an avid outdoorsman and also an energy engineer.

# SPEAKER SCHEDULE

Changes – if needed – (and there will be) will be posted at the Info Booth and at canoecopia.com

		Upstairs - Alliant Center			
		Atrium	Loon	Bear	Caribou
FRIDAY	4:30	<b>D. Mongno</b> Selecting the Perfect Kayak Paddle	<b>M. Phillips</b> Canoeing with Dad and the Gang, circa 1900	<b>H. Schwartz</b> Paddling Woodland Caribou Provincial Park	<b>W. Horodowich</b> Choose the Kayak that Works for You
	5:30	<b>D. Mongno</b> The Forward Stroke: Efficiency	<b>D. York</b> The Peace of Whitewater	<b>C. Zarley</b> Catching More Canoe Country Walleyes	<b>W. Horodowich</b> Boat, Body, and Blade: Efficiency
	6:30	<b>C. Von Briesen, J. Adler</b> Sick or Not Sick?	<b>P. Minor</b> The Experience of a Young Kayaker	<b>J. Baird</b> The Kesagami River Solo	<b>S. Crowley</b> Sea Kayaking the Rathad Na Mara
	7:30	<b>J. Chase</b> Perfectly Pack Your Kayak for a Multi-day Trip	<b>S. &amp; E. Burditt</b> Dad/Daughter Wilderness Camping	<b>S. Baskis, K. Braband</b> Kayaking the Grand Canyon Blind	<b>S. Mertz, C. Vopal</b> Making the Case for Sea Kayaks
SATURDAY	9:30	<b>K. Casey</b> Yoga for Paddlers	<b>N. Schroeter</b> Cold Water Paddling	<b>S. Oeth</b> Paddling Maine's Wild Rivers	<b>S. Mertz</b> Test Paddling Kayaks on the Floor
	10:30	<b>D. Mongno</b> Selecting the Perfect Kayak Paddle	<b>M. Freshley, E. Spanger</b> Paddling Expedition to the Arctic	<b>J. Browning</b> What's in Your First Aid Kit?	<b>G. Julie, S. Marston</b> Paddling Michigan's Keweenaw
	11:30	<b>J. Chase</b> Exercices to Improve Paddling	<b>A. Knepper</b> Building Youth Leadership Through Paddling	<b>C. Wright</b> Paddling America's Everglades	<b>W. Horodowich</b> Choose the Kayak that Works for You
	12:30	Drop-In Clinics 1-4pm <b>J. Bach:</b> Making Straight, Bent, & Double-Bend Paddles	<b>D. Mongno</b> All About Paddle Clothing	<b>S. Baskis, K. Braband</b> Kayaking the Grand Canyon Blind	<b>B. Schultz</b> Kayak Fishing: Getting Started
	1:30	<b>R. DuFresne, S.DeBoer:</b> Tools, Tricks of Arctic Hunters	<b>V. &amp; K. Popp</b> Popp Family Paddling Adventures	<b>K. Mesmer, R. Rolley</b> Kayaking Lake Superior's Canadian Shoreline	<b>A. Funk</b> Trip Like A Girl
	2:30	<b>C. Lockyer:</b> Sea Kayak Navigation	<b>A. Knepper</b> Let's Talk About Race...	<b>W. Horodowich</b> Staying Upright in Your Kayak	<b>R. Williamson</b> Alaska DIY Paddling Adventures
	3:30	<b>D. Shapiro, D.Gasper:</b> Knots for Paddlers	<b>P. Savard</b> #SUP4WATER, Paddling for Humanity	<b>W. Voight</b> Little Missouri: Backyard Wilderness	<b>G. Nelson</b> Planning & Packing for BWCA Canoe Trip
	4:30	<b>D. Kolodji</b> Power to the Pipsqueaks	<b>C. Porter</b> Canoeing 7 Months Pregnant Plus a Newborn	<b>M. Neuzil, N. Sims</b> A History of the Canoe in North America	<b>C. Zarley</b> Catching More Canoe Country Walleyes
SUNDAY	10:30	<b>K. Casey</b> Yoga for Paddlers	<b>B. Porter</b> Group Dynamics on a Long Paddle	<b>W. Horodowich</b> Staying Upright in Your Kayak	<b>C. Lockyer</b> The Wild Coast of Labrador
	11:30	<b>D. Mongno</b> The Forward Stroke: Efficiency	<b>M. &amp; B. Marko</b> Canoe Camping with Babies and Toddlers	<b>W. Horodowich</b> Boat, Body, and Blade: Efficiency	<b>M. Koch</b> Basic River Safety for the Novice Paddler
	12:30	<b>M. Langlie</b> Physical Preparation for Paddling	<b>C. Lockyer</b> Trip Planning for Sea Kayakers	<b>C. Wright</b> Paddling America's Everglades	<b>J. Browning</b> What's in Your First Aid Kit?
	1:30	<b>J. Chase</b> Perfectly Pack Your Kayak for a Multi-day Trip	<b>A. &amp; E. Elkins</b> Logistics for Planning a Paddling Trip	<b>A. Funk</b> Trip Like A Girl	<b>M. Neuzil, N. Sims</b> History of the Canoe in North America
	2:30	<b>P. Kuhn</b> The Perfect Fit	<b>D. Akin</b> Kayak Fishing and Tournaments	<b>G. Nelson</b> Planning & Packing for a BWCA Canoe Trip	<b>H. Schwartz</b> Woodland Caribou Provincial Park

Clarion Hotel Speaker (and pool!) Schedule on Page 44

## SPEAKER SCHEDULE

Main Floor - Alliant Center					
Sylvania	Algonquin	BWCA	Superior	Quetico	
<b>M. Koch</b> Basic River Safety for the Novice Paddler	<b>D. Tobey</b> Ozark National Scenic Riverways	<b>J. Van Den Brandt</b> Wildlife Photography: From Bland to Grand	<b>C. Amidon</b> Paddling Isle Royale National Park	<b>C. Jacobson</b> Canoeing Secrets	4:30
<b>J. Browning</b> Navigation 210: Beyond "Look, See, Go"	<b>D. Halloran</b> Lake Superior's Shoreline Parks	<b>B. Paulsen</b> BWCA: What You Need to Know	<b>S. Griffin</b> St. Croix National Scenic Riverway	<b>K. Callan</b> Once Around Algonquin	5:30
<b>L. Dominguez</b> Get Started Canoeing, Now!	<b>B. Smith, R. Malchow</b> Paddling Door County, Our Happy Place	<b>B. &amp; G. Geiger</b> Healthy One-Pot Meals	<b>J. Robinet</b> Pack Boat Wilderness Tripping	<b>D. Cox</b> Paddle the National Parks of the Midwest	6:30
<b>D. Mongno</b> All About Paddle Clothing	<b>J. Vandiver</b> Songs for the Heart of the Paddler	<b>S. Nelson</b> Top BWCA Sites to Visit	<b>A. &amp; M. Fairfield</b> WI Rivers Made for Paddle Camping	<b>R.Kesselring, S.Plankis</b> Travel Like a Wilderness Guide	7:30
<b>L. Dominguez</b> Get Started Canoeing, Now!	<b>S. Crowley</b> Kayaking the Outer Coast of Great Bear	<b>B. &amp; G. Geiger</b> Healthy One-Pot Meals	<b>D. Cox</b> Paddle the National Parks of the Midwest	<b>C. Jacobson</b> Camping's Top Secrets	9:30
<b>B. Swab</b> Being Equipped for Kayak Fishing	<b>M. Koch</b> Ten Steps To Better Outdoor Photography	<b>M. Gauthier</b> Food Dehydration 101	<b>J. Olson</b> Paddling Apostle Islands National Lakeshore	<b>R.Kesselring, S.Osthoff</b> Wilderness Canoe Tripping Style	10:30
<b>J. Baird</b> Planning A Wilderness White Water Trip	<b>D. Tobey</b> Ozark National Scenic Riverways	<b>W. Steger, S. Hackel</b> Maintaining Our Recreational Heritage	<b>C. Amidon</b> Paddling Isle Royale National Park	<b>K. Callan</b> Once Around Algonquin	11:30
<b>T.L. Martin</b> 3,592 miles around the Great Lakes	<b>T. Bomkamp</b> Back Country Cooking	<b>S. Nelson</b> Top BWCA Sites to Visit	<b>J. Robinet</b> Pack Boat Wilderness Tripping	<b>C. Jacobson</b> Bear-Proofing Your Camp	12:30
<b>C. Stec &amp; Panel</b> US Olympic & Paralympic Paddlesports	<b>B. Hansel</b> Photographing Seascapes	<b>S. Griffin</b> St. Croix National Scenic Riverway	<b>J. Bates</b> History & Ecology of Old Growth Forests	<b>K. Callan</b> Paddling Ontario's Thames River	1:30
<b>L. Lexvold, C. Otto</b> Conflicts over Canoe Country	<b>R. McLeod</b> Paddling the Upper Mississippi River	<b>M. Koch</b> 30 Years A Ranger	<b>A. &amp; M. Fairfield</b> Discover Sylvania	<b>J. Baird</b> Cool Outdoor Tips and Hacks	2:30
<b>B. Perry</b> Surfing Sea Kayaks in Pacific Waves	<b>J. Vandiver</b> Songs for the Heart of the Paddler	<b>J. Van Den Brandt</b> Wildlife Photography: Bland to Grand	<b>R.Kesselring, S.Plankis</b> Travel Like a Wilderness Guide	<b>T. Bauer</b> River Tour Along I-94	3:30
<b>Thompson, McCallister</b> Explore Natural North Florida	<b>B. Smith, R. Malchow</b> Lake Michigan's Water Trail	<b>B. Hansel</b> Paddling the Rio Grande River	<b>W. Steger</b> Canoe Sledding the Canadian Barrens	<b>Aluminum Chef Competition</b>	4:30
<b>Thompson, McCallister</b> Explore Natural North Florida	<b>B. Hansel</b> Photographing Seascapes	<b>B. Schultz</b> Kayak Fishing: Getting Started	<b>J. Olson</b> Paddling Apostle Islands National Lakeshore	<b>C. Jacobson</b> Camping's Top Secrets	10:30
<b>B. Swab</b> Being Equipped for Kayak Fishing	<b>B. Paulsen</b> BWCA: What You Need to Know	<b>B. Smith, R. Malchow</b> Lake Michigan's Water Trail	<b>J. Bates</b> Wildlife: What To See Between Point A and B	<b>K. Callan</b> Paddling Ontario's Thames River	11:30
<b>L. Lexvold, C. Otto</b> Conflicts over Canoe Country	<b>R. McLeod</b> Paddling the Upper Mississippi River	<b>S. Crowley</b> Sea Kayaking the Rathad Na Mara	<b>T. Bauer</b> The Paddling Playground of Black River Falls	<b>A. &amp; M. Fairfield</b> Discover Sylvania	12:30
<b>J. Redding</b> Fishing From a Personal Watercraft 101	<b>D. Halloran</b> Lake Superior's Shoreline Parks	<b>J. Bates</b> History & Ecology of Old Growth Forests	<b>T. Bauer</b> River Tour Along I-94	<b>C. Jacobson</b> Canoeing Secrets	1:30
<b>D. Ellingson</b> Kayaking the Fjords of Norway	<b>J. Vandiver</b> Songs for the Heart of the Paddler	<b>M. Gauthier</b> Food Dehydration 101	<b>A. &amp; M. Fairfield</b> Wisconsin Rivers Made for Paddle Camping	<b>J. Baird</b> Cool Outdoor Tips and Hacks	2:30

FRIDAY

SATURDAY

SUNDAY

# SPEAKER SCHEDULE

		Clarion Hotel	
		Killarney	Voyageur
FRIDAY	4:30	<b>J. Redding</b> Fishing From a Personal Watercraft 101	<b>J. Chase</b> Leadership Principles for Effective and Fun Day Trips
	5:30	<b>N. Dutack</b> Protecting Your Waters as You Play	<b>N. Schroeter</b> Cold Water Paddling
	6:30	<b>A. Talley</b> Tall Tales from Fur Trade Trails	<b>B. Perry</b> The Call of the Journey
	7:30	<b>D. Ellingson</b> Kayaking the Fjords of Norway	<b>D. Akin</b> Kayak Fishing & Tournaments
SATURDAY	9:30	<b>R. Silberman</b> When is Old Too Old... to Paddle?	<b>A. Talley</b> Tall Tales from Fur Trade Trails
	10:30	<b>M. &amp; B. Marko</b> Canoe Camping with Babies & Toddlers	<b>D. York</b> Wild Rivers of the Wild West
	11:30	<b>L. Sobota, S. Mertz</b> Great Lakes, Great Responsibilities	<b>M. Phillips</b> Canoeing with Dad and the Gang, Circa 1900
	12:30	<b>J. Ringdahl</b> Leave No Trace-A Land Ethic	<b>E. LeMoine</b> Loons: Symbol of Northern Lakes
	1:30	<b>J. Van Barriger</b> Yukon Journey' Charitable Expedition	<b>T. Thomsen</b> <b>Explore Door County</b> Shipwrecks by Kayak
	2:30	<b>S. Oeth</b> Canoe Poling and Stand-up Paddling	<b>C. Wright</b> Fishing Everglades National Park by Kayak
	3:30	<b>E. Maitland</b> Safety Considerations for Kayaking	<b>T. Williams</b> Two Great Oregon Rivers
	4:30	<b>K. Wikle</b> Coaching the Mind	<b>V. Fish</b> Ottertooth Canyon
SUNDAY	10:30	<b>C. Wilson</b> Blade, Body, Boat	<b>P. Ciere</b> The Backcountry's Power to Heal
	11:30	<b>J. Zellner, P. Gabrielson</b> Expedition Realities	<b>D. Ryun</b> The Wild and Scenic St. Croix Film
	12:30	<b>L. Gundlach</b> North to Hudson Bay	<b>L. Vogel</b> Women Empowered in Wilderness
	1:30	<b>S. Fritz</b> Learn to Return	<b>W. Voight, L. Reinebach</b> Old Paddler's Lament
	2:30	<b>J. Browning</b> Navigation 210: Beyond "Look, See, Go"	<b>T. Thomsen</b> Explore Door County Shipwrecks by Kayak

Pool Demos – Clarion Hotel		
	SATURDAY	SUNDAY
12:00	<b>S. &amp; A. Bloyd-Peshkin</b> Unconventional Wisdom	<b>A. Knepper</b> Trouble Shooting Rescue Struggles
12:30	<b>L. Dominguez</b> Basic Strokes to Freestyle Canoe Maneuvers	<b>J. Robinet</b> High Efficiency Pack Boat Tripping
1:00	<b>B. Perry</b> Solo Kayak Rescues	<b>T. Gallaway</b> Greenland Style Rolling
1:30	<b>S. Mertz &amp; PaddleSafely.com</b> Rec Kayak Rescue Reality	<b>S. Mertz &amp; PaddleSafely.com</b> Rec Kayak Rescue Reality
2:00	<b>D. Mongno</b> Stand-Up Paddling Top Ten Tips	<b>D. Mongno</b> Stand-Up Paddling Top Ten Tips
2:30	<b>T. Gallaway</b> Greenland Style Rolling	<b>D. Mongno</b> Paddling Skills for the Kayak Angler

### Pool Demonstration Notes

- Pool sessions are 20 minutes long.
- Pool demonstrations have significant capacity limitations. The fire code limits us to 99 people.
- Since they're so popular and space is limited, we clear out the audience before each new demonstration. Line up early for those you want to see.



**How can you help more kids get out on the water?**

Purchase a one-of-a-kind piece created by Lissa Flemming, owner of Silverwaves Jewelry, with 100% proceeds going to Rutabaga's Josh Kestelman Scholarship Fund.

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